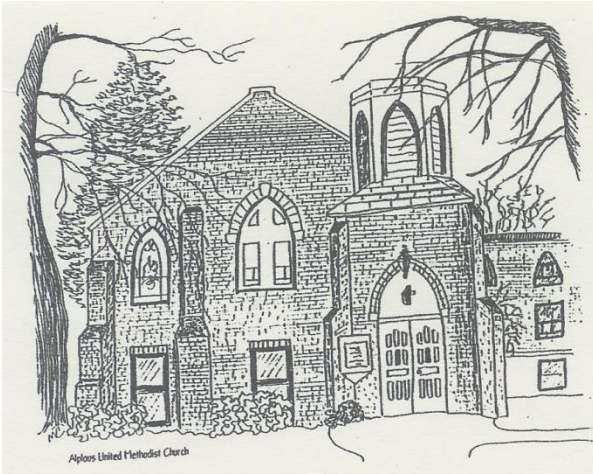




The Alplaus United Methodist Church Muse



The Alplaus United Methodist Church's Mission and Vision:

Our vision for the AUMC is to be a viable, active, open church that supports both individual members and the community with a loving, spiritual atmosphere.

Our mission is to worship, serve, pray, and play by connecting with the community and each other.

Pastoral Letter

Wow - a whole year already! I'm still so glad to be here and to getting to know this fine congregation and community better. Kylie and her friends are excited to throw candy from the float at this year's 4th of July parade. I am really looking forward as well as more community events on the 3rd too. We are really feeling like we belong here.

Here, Kylie is surrounded by Grace... Kylie and her friend "Across the street Grace" (as opposed to "Next door Grace") are planning a **carnival for charity** on July 18th. On the parsonage lawn and kitty corner across the street we will have simple carnival games (bean bag toss and the like) as well as face painting, balloon animals, water games and relay races. We may even have hot dogs and lemonade for sale. The two girls are great friends and had an idea to raise money for other people and animals. Grace's dad is a cancer survivor and she is finding an appropriate charity connected to her dad's cancer experience. In December, Kylie requested that her birthday gifts be food and supplies for the animal shelter on Maple Ave and will be directing 50% of the carnival funds in their direction again. It will be fun - rain or shine and it will be a homemade good time - hope you will spread the word to any interested children.

As summer vacation has truly arrived. Kids are out of school and we've already had the community worship at the newly renovated firehouse - the choir will be on summer break as well. I will miss the musical gifts offered each week as well as the weekly fun of gathering to sing and practice on Thursday nights. I understand the community luncheons will continue - on the second Tuesday of the month. My office hours will be varied through the summer and I will be out of town from 7/20 - 24. **Please feel free to call the parsonage whenever you have need or concern or joy to share (399-0497)** - these calls will reach me anywhere the summer takes me (pool or park or even office).

With one year behind us and hopefully many more ahead - I find myself still filled with joy at the thought of serving God with this wonderful community!!

Blessings,
Pastor Kristi



Lay Leader

This is an uplifting reminder for us all. Stay young my friends. We all need to read this one over and over - until it becomes part of who we are!

HOW TO STAY YOUNG

1. Try everything twice. On one woman's tombstone she said she wanted this epitaph:
"Tried everything twice. Loved it both times!"
2. Keep only cheerful friends. The grouches pull you down.
(Keep this in mind if you are one of those grouches!)
3. Keep learning. Learn more about the computer, crafts, and gardening, whatever...
Never let the brain get idle. 'An idle mind is the devil's workshop. 'And the devil's name is Alzheimer's!
4. Enjoy the simple things.
5. Laugh often, long and loud. Laugh until you gasp for breath.
And if you have a friend who makes you laugh, spend lots and lots of time with that him/her.
6. The tears happen; endure, grieve, and move on.
The only person who is with us our entire life is ourselves. LIVE while you are alive.
7. Surround yourself with what you love.
Whether it's family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.
8. Cherish your health. If it is good, preserve it. If it is unstable, improve it.
If it is beyond what you can improve, get help.
9. Don't take guilt trips. Take a trip to the mall, even to the next city, state, or to a foreign country,
but NOT to where the guilt is.
10. Tell the people you love that you love them, at every opportunity.
I love you, my special friend.
11. Forgive now those who made you cry. You might not get a second chance.

Remember! Lost time can never be found.
Be kinder than necessary, for everyone you meet is fighting some kind of battle.

Lisa Beretz, Lay Leader
(518) 330-9277 or LLBeretz@gmail.com

The United Methodist Women

We ended this spring with a lovely luncheon at Applebees on Route 50. Have a wonderful summer. We will meet again in the fall.



Community Luncheon

The luncheon will be held July 14th and we will have a cookout. Please bring items appropriate for a picnic. We are planning for a nice summer day!

Lectionary

These are listed with the idea that you might care to read the scriptures before attending church each week, especially if you will be the liturgist and especially the psalms, which we seldom read in worship.

	<u>Hebrew Scripture</u>	<u>Psalms</u>	<u>Epistle</u>	<u>Gospel</u>
7/5	2 Samuel 5:1-5, 9-10	48	2 Corinthians 12:2-10	Mark 6:1-13
7/12	2 Samuel 6:1-5, 12b-19	24	Ephesians 1:3-14	Mark 6:14-29
7/19	2 Samuel 7:1-14a	89:20-37	Ephesians 2:11-22	Mark 6:30- 34, 53-56
7/26	2 Samuel 11:1-15	14	Ephesians 3:14-21	John 6:1-21

Prayer List

Jack Leveille	Ginny Smith	Dorothy Ziegler
Barbara Hutchins	Marcie Krout	Bill Broland
Claudia Lewis	Alice Lewis	Janice's family
Terry Gleason	Jeanne Story	
Gordon Neufeld and family	Tami Flanders and family	
All victims of disasters and violence	Anne, Emily, and Deontae Kwiatkowski	
Residents of nursing homes	Dean and Countermine families	

Fulfilling our Promises - our presence and our presents

	<u>Our Presence</u>	<u>Our Gifts</u>
May 3	32	\$1,350
May10	30	\$806
May 17	28	\$584
May 24	22	\$775
May 31	23	\$783

Comparison of expenses and income

	For May	Actual year to date	Expected year to date (budgeted)
Expenses	\$5,948	\$29,863	\$30,462
Income	\$4,298	\$22,603	\$22,829



Kids Page



Touching the Garment
Mark 5: 24-34

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http://www.parable.com/wph/group_1052.htm

Sermons4Kids.com

Alplaus United Methodist Church July 2015 Events Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 7 pm Scouts	2	3 3-5pm Children's carnival, 6-8pm Firefighter Skills competition, 8-12 block party. 6:30 pm Friday Night Bridge	4 9:30am decorate & line up at Glenclyff school. 11am Alplaus Independence Day Parade!
5 6 th Sunday after Pentecost 9:30am Church Communion Worship Service.	6	7	8 7 pm Scouts	9 10am Church Council Meeting at the Parsonage	10 6:30 pm Bridge	11
12 7 th Sunday after Pentecost 9:30am Church Worship Service. SICM Food Collection Day.	13	14 11:30 – 2pm Community Luncheon	15 7 pm Scouts	16 2:30pm Cub Scouts	17 6:30 pm Bridge	18
19 8 th Sunday after Pentecost 9:30am Church Worship Service.	20 July Muse article deadline!	21 5pm Serve at City Mission	22 6:30pm Cub Scouts 7 pm Scouts	23	24 6:30 pm Bridge	25
26 9 th Sunday after Pentecost 9:30am Church Worship Service, with "Living Gospel Ministries"	25	28	29 7pm Scouts	30 2:30pm Cub Scouts	31 6:30 pm Bridge	

Pastor Kristi's schedule - In the office: Wednesday 9-12 and Thursday 11-1.

Alplaus Methodist Church
1 Brookside Ave.
Alplaus, NY 12008
(518)399-6000
AlplausUMC.org

First Class Mail



JULY 1, 2015



Articles for the August newsletter must be submitted to alplausmuse@gmail.com no later than **July 20th**.
Thank you!

If you want to be removed from our Muse mailing list or you would like to save paper and be added to our Muse email list, please contact Lisa Beretz, by phone at 330-9277 or email LLBeretz@gmail.com. Please put Muse in the subject line.